

NUTRITION & DIET



Menekşe Feyzanur Koral, Dietitian

Acibadem Altunizade Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Nutrition & Diet



FOCUS
Nutritional assessment ·
Diet planning



HOSPITAL
Acibadem Altunizade
Hospital, İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

The first element of her work is nutritional assessment. This involves building a picture of the person's current eating pattern, relevant medical history and any dietary concerns, together with a review of existing reports and laboratory results the patient has brought, so that any subsequent recommendations rest on a clear understanding of the individual situation.

Diet planning follows from this assessment. A diet plan is prepared to reflect the person's health needs, dietary goals and day-to-day circumstances, and it may be adjusted over time as those circumstances change. Through individualized nutrition guidance, Menekşe Feyzanur Koral explains the reasoning behind the plan, helps the patient understand how to apply it in everyday life and reviews progress at follow-up.

Nutritional assessment

Diet planning

Individualized nutrition guidance



INTERNATIONAL PATIENTS

Menekşe Feyzanur Koral consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the hospital's international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, arranges...



CONDITIONS TREATED

Nutritional assessment

Diet planning

Individualized nutrition guidance



EDUCATION & TRAINING

2025 Acibadem Mehmet Ali Aydınlar University



PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services



PROCEDURES PERFORMED

ESS



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

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Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Menekşe Feyzanur Koral
about your case

Reply within 24 hours