

NUTRITION & DIET



Merve Gizem Bahçivan Ayla, Dietitian

Acibadem Bahçeşehir Outpatient Clinic, İstanbul · Nutrition & Diet ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
16+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Celiac Disease Nutrition ·
Functional...

HOSPITAL
Acibadem Bahçeşehir
Outpatient Clinic,...

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

A significant part of Merve Gizem Bahçivan Ayla's practice involves nutrition for diagnosed medical conditions. She provides dietary guidance for patients with celiac disease, where a carefully planned gluten-free diet is the basis of management, and for patients with gout, where food choices may influence uric acid levels alongside...

Her practice also covers nutrition across different life stages. This includes pregnancy nutrition, menstrual health nutrition and menopause nutrition, as well as weight management in children and adolescents, where growth and development are taken into account when setting realistic dietary goals.

Celiac Disease Nutrition Functional Nutrition Pregnancy Nutrition
Gout Nutrition Cardiovascular Disease Nutrition

CONDITIONS TREATED

Weight management in children and adolescents
Iron deficiency anemia nutrition

EDUCATION & TRAINING

2010–2014 Haliç University School of Health Sciences

PROFESSIONAL EXPERIENCE

2014 Acibadem Healthcare Services

PROCEDURES PERFORMED

Diet therapy for psychiatric disorders Celiac disease treatment
Gout treatment Anemia treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

• Türkiye Diyetisyenler Association

SELECTED PUBLICATIONS

Publications are listed on the online profile.

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Ask Merve Gizem Bahçivan Ayla
about your case
 Reply within 24 hours