

PSYCHOLOGY



Merve Şevval Altınyar, Clinical Psychologist

Acibadem Altunizade Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
6+ years



CONSULTS
On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Psychology



FOCUS
Anxiety disorders ·
Depression and mood...



HOSPITAL
Acibadem Altunizade
Hospital, İstanbul



DEPARTMENT
Psychiatry & Psychology

CLINICAL FOCUS

Merve Şevval Altınyar's clinical work covers anxiety disorders, depression and mood difficulties, stress and burnout, and sleep difficulties. She also sees people facing relationship and family issues, those going through grief and loss, and patients adjusting to a chronic illness, where psychological support may run alongside ongoing...

Her main therapeutic approach is individual psychotherapy, with a particular emphasis on cognitive behavioral therapy, a structured method that examines how thoughts, emotions, and behaviors interact and works toward practical coping skills that can be applied in daily life.

Anxiety disorders

Depression and mood difficulties

Stress and burnout

Relationship and family issues

Grief and loss counseling

CONDITIONS TREATED

Anxiety disorders

Stress and burnout

Grief and loss counseling

Individual psychotherapy

Psychological assessment and testing

EDUCATION & TRAINING

2021 İstanbul Aydın University — Clinical Psychology

2020 Sabancı University — Psychology



PROFESSIONAL EXPERIENCE

2021 Acibadem Healthcare Group



PROCEDURES PERFORMED

Depression and mood difficulties

Relationship and family issues

Cognitive behavioral therapy

Depression treatment

Alcohol use disorder treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Merve Şevval Altınyar about
your case

Reply within 24 hours