



PHYSICAL MEDICINE & REHABILITATION

Mukhtar Shahgaldiyev, MD

Acibadem Atakent Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
12+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Physical Therapy and Rehabilitation – Pain...



HOSPITAL

Acibadem Atakent Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Dr. Shahgaldiyev's clinical work centers on spine health and musculoskeletal pain. He evaluates and treats patients with low back pain, neck pain, back pain, and disc herniation, as well as frozen shoulder syndrome.

In addition, he provides rehabilitation for patients with Parkinson's disease and treatment for lymphedema. In physical medicine and rehabilitation, care is generally directed at addressing pain, maintaining or improving function, and supporting daily activities.

Frozen shoulder syndrome

Pain management

Lymphedema treatment

Parkinson's rehabilitation

Spine health



CONDITIONS TREATED

Frozen shoulder syndrome

Pain management

Lymphedema treatment

Low back pain

Neck pain



EDUCATION & TRAINING

2025 İstanbul University İstanbul Faculty of Medicine Physical Medicine and Rehabilitation

2018 Azerbaijan Medical University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services

2020–2025 İstanbul Faculty of Medicine Hospital — Research Assistant Dr.

2019–2020 Ege University Hospital — Equivalency Student

2018–2019 Xazar Clinic (Bakü/Azərbaycan) — General Surgery resident

+2 earlier posts on the profile



PROCEDURES PERFORMED

Interventional pain management

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Member of the Pediatric Rehabilitation Association
- Member of the Turkish Physical Medicine and Rehabilitation...
- A Member of The International Society of Physical and Rehabilitation...
- A Member of The European Society of PRM (ESPRM)

+1 further societies on the profile



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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