



PHYSICAL MEDICINE & REHABILITATION

Nesrin Yilmaz Bairamov, MD

Acibadem Bağdat Outpatient Clinic, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
9+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Spinal Health · Physical Therapy and...



HOSPITAL

Acibadem Bağdat Outpatient Clinic, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Dr. Bairamov assesses and treats a range of conditions affecting the spine, joints, muscles and nerves. In the area of spine health, her work includes facet joint syndrome and piriformis syndrome, both of which can present with low back, buttock or leg pain.

Her treatment approach draws on manual therapy alongside structured physical therapy and rehabilitation programs. Pain management forms a central part of her work, and she plans care according to the individual patient's diagnosis, symptoms and functional goals rather than applying a single standard protocol. Dr.

Piriformis syndrome

Sports medicine and sports traumatology

Knee and joint injuries

Spine health

Manual therapy



INTERNATIONAL PATIENTS

Dr. Bairamov consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and...



CONDITIONS TREATED

Piriformis syndrome

Sports medicine and sports traumatology

Traumatic brain injury

Muscle and nerve diseases

Pain management

Chronic muscle pain



EDUCATION & TRAINING

2023

İstanbul Bezmialem Vakıf University Physical Medicine and Rehabilitation

2017

İstanbul University Cerrahpaşa Faculty of Medicine Faculty of Medicine



PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services



PROCEDURES PERFORMED

Manual therapy

Lipedema treatment

Interventional pain management

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Dr. Bairamov about your case

Reply within 24 hours