

PSYCHOLOGY



Nida Koca, Clinical Psychologist

Acibadem Kozyatagi Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
5+ years



CONSULTS
On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Psychology



FOCUS
Post-Traumatic Stress
Disorder · Panic...



HOSPITAL
Acibadem Kozyatagi
Hospital, İstanbul



DEPARTMENT
Psychiatry & Psychology



CLINICAL FOCUS

A significant part of Nida Koca's work involves patients who have experienced traumatic events and who present with the symptoms associated with Post-Traumatic Stress Disorder, such as intrusive memories, avoidance, and heightened arousal. She also sees patients with Panic Disorder, in which recurrent and unexpected episodes of intense fear are often accompanied by physical symptoms and ongoing worry about further attacks.

Mood disorders form another area of her clinical interest. She works with patients experiencing Depression, including low mood, loss of interest, changes in sleep and energy, and difficulties with concentration, as well as with patients diagnosed with Bipolar Disorder, in whom periods of depression alternate with periods of elevated or irritable mood.

Post-Traumatic Stress Disorder

Panic Disorder

Depression

Bipolar Disorder

Social and Specific Phobias



INTERNATIONAL PATIENTS

For patients traveling from abroad, the Acibadem international patient team coordinates the collection of prior reports, such as previous psychological or psychiatric evaluations, discharge summaries, and records of earlier treatments, and arranges appointments and the hospital visit.



CONDITIONS TREATED

Post-traumatic stress disorder

Panic disorder

Depression

Bipolar disorder

Social and specific phobias



EDUCATION & TRAINING

2021 Uskudar University — Clinical Psychology



PROFESSIONAL EXPERIENCE

2024 Acibadem Healthcare Group

2024 Assoc. Prof. Dr. Işıl Göğcegöz Private Practice

2021–2023 Hayat Private Hospital



PROCEDURES PERFORMED

Depression treatment

Alcohol use disorder treatment

Anorexia nervosa treatment

Drug addiction treatment

Eating disorders treatment

Borderline personality disorder treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE
+90 535 876 04 89
Tap to call



WHATSAPP
+90 536 904 82 62
Tap to chat



WEBSITE
acibademinternational.com
Open the site



FREE CONSULTATION
Ask Nida Koca about your case
Reply within 24 hours