

NUTRITION & DIET



Nilay Kayım, Dietitian

Acibadem Altunizade Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
12+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Nutrition and Diet ·
Functional Medicine



HOSPITAL
Acibadem Altunizade
Hospital, İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Nilay Kayım is a nutrition & diet specialist at Acibadem Altunizade Hospital in İstanbul, Türkiye, with 12 years of experience. Listed areas of expertise include functional medicine, functional nutrition and functional foods, weight control in children and adolescents, nutrition for celiac disease...

Functional medicine

Functional nutrition and functional foods

Weight control in children and adolescents

Nutrition for celiac disease



CONDITIONS TREATED

Functional nutrition and functional foods

Weight control in children and adolescents

Nutrition for celiac disease

Nutrition for cardiovascular disease



EDUCATION & TRAINING

2025 Functional Medicine Academy — FTA Functional Medicine Dietetics

2025 Longevity Dietitian Training (Gastroenterology Dietetics Association)

2025 Basic Breastfeeding Counselling Training



PROFESSIONAL EXPERIENCE

2018 Acibadem Healthcare Services



PROCEDURES PERFORMED

Celiac disease treatment

Gout treatment

Longevity



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Member of the Turkish Dietitians Association
- Member of the Clinical Enteral Parenteral Nutrition Association
- Gastroenterology Dietetics Association

+2 further societies on the profile



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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