



PHYSICAL MEDICINE & REHABILITATION

Nilgün Çavdar, MD

Acibadem Altunizade Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
34+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Spine Health · Treatment of Lymphedema



HOSPITAL

Acibadem Altunizade Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

Nilgün Çavdar, MD is a physical medicine & rehabilitation specialist at Acibadem Altunizade Hospital in İstanbul, Türkiye, with 34 years of experience. Listed areas of expertise include spine health, sports and knee injuries, myalgia, myopathy and parkinson's rehabilitation. She consults in Turkish and English, and online consultation is available for international patients before travelling.

Nilgün Çavdar, MD is a specialist in physical medicine and rehabilitation with 34 years of experience. She treats fibromyalgia, piriformis syndrome, frozen shoulder syndrome and loss of cervical lordosis. Lipedema treatment, pain treatment, Parkinson's rehabilitation and treatment of lymphedema are also among the areas of expertise listed on this profile.

Spine health

Sports and knee injuries

Myalgia

Myopathy

Parkinson's rehabilitation



CONDITIONS TREATED

Sports and knee injuries

Myalgia

Myopathy

Piriformis syndrome

Loss of cervical lordosis

Frozen shoulder syndrome



EDUCATION & TRAINING

1996 Uludağ University Faculty of Medicine Physical Medicine and Rehabilitation

1992 Uludağ University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2006 Acibadem Healthcare Services

2004–2006 Darüşşafaka Maltepe Physical Therapy and Rehabilitation Hospital — Physical Medicine and Rehabilitation Specialist

1999–2004 Private Swiss Hospital — Physical Medicine and Rehabilitation Specialist

1996–1999 Uludağ University Department of Physical Medicine and Rehabilitation — Physical Medicine and Rehabilitation Specialist



PROCEDURES PERFORMED

Lipedema treatment

Pain treatment

Fibromyalgia treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Turkish Physical Medicine and Rehabilitation Association
- Darüşşafaka Cemiyeti



SELECTED PUBLICATIONS

- Muscle mass, isokinetic torque and functional capacity in womwn with osteoarthritis of the knee.
- Concentric versus combined concentric-eccentric isokinetic training: effects on functional capacity and symptoms in...
- Long-term physical and social status in patients with spinal cord injury.

8 publications listed on the online profile



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Reply within 24 hours