



PSYCHOLOGY

Nisa Melek Çete, Psychologist

Acibadem International Hospital, İstanbul · Psychiatry & Psychology
· Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

LANGUAGES

Turkish · English

CONSULTS

Video · On-site

PATIENTS

90+ countries

PROFILE

Verified

SPECIALTY

Psychology

FOCUS

Sleep Disorders

HOSPITAL

Acibadem International Hospital, İstanbul

DEPARTMENT

Psychiatry & Psychology

CLINICAL FOCUS

Sleep disorders form a central part of Nisa Melek Çete's practice. Her areas of expertise include insomnia and sleep apnea, which she approaches from a psychological perspective as part of a patient's overall care. In adult mental health, she works with post-traumatic stress disorder, panic disorder, obsessive-compulsive disorder, illness anxiety, phobias and bipolar disorder, as well as relationship problems.

Her work with children and adolescents draws on her play therapy and sandplay therapy training. She offers play therapy and parenting guidance, and her areas of interest include hyperactivity and the broader psychological needs of children and adolescents. The Moxo attention test is among the assessment tools in which she has trained.

Sleep Disorders

Insomnia

Sleep Apnea

Post-Traumatic Stress Disorder

Panic Disorder

INTERNATIONAL PATIENTS

Nisa Melek Çete consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. The hospital's international patient team coordinates the collection of prior reports and relevant documents, such as previous psychological or medical assessments, discharge summaries and any sleep-related test results, and arranges appointments and the hospital...

CONDITIONS TREATED

Insomnia

Sleep apnea

Post-traumatic stress disorder

Panic disorder

Obsessive-compulsive disorder

Illness anxiety

EDUCATION & TRAINING

2026

Nişantaşı University

2026

Sandplay Therapy Training — İstanbul Kent University

2026

Moxo Dikkat Testi 2026 Moxo

2024

Cognitive Behavioral Therapy Training — Esenyurt University

PROFESSIONAL EXPERIENCE

2026

Acibadem Healthcare Services

PROCEDURES PERFORMED

Relationship problems

Cognitive behavioural therapy

Play therapy and parenting guidance

Insomnia treatment

Sleep apnea treatment

Post traumatic stress disorder treatment

ACIBADEM HEALTHCARE GROUP

Verified

network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE

PHONE

+90 535 876 04 89

Tap to call

WHATSAPP

+90 536 904 82 62

Tap to chat

WEBSITE

acibademinternational.com

Open the site

FREE CONSULTATION

Ask Nisa Melek Çete about your case

Reply within 24 hours