



NUTRITION & DIET

Nur Ecem Baydı Ozman, Dietitian

Acibadem Atasehir Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
17+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Personalized nutrition plans
...

HOSPITAL
Acibadem Atasehir
Hospital, İstanbul

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

Nur Ecem Baydı Ozman prepares personalized nutrition plans that take into account the individual patient's medical history, current treatment, available laboratory findings and daily routine. Rather than applying a standard template, she adapts dietary recommendations to the person in front of her and reviews them as circumstances change.

Clinical nutrition counseling forms the third part of her practice. This involves structured conversations about eating habits, food preferences and practical barriers to change, informed by her training in psychology. Counseling sessions are intended to help patients understand the reasoning behind a plan and to follow it in a realistic way over time.

Personalized nutrition plans

Evidence-based nutrition care

Clinical nutrition counseling

INTERNATIONAL PATIENTS

Nur Ecem Baydı Ozman consults in Turkish and English, and interpreters can be arranged for other languages. Before a visit, the international patient team coordinates the collection of prior reports, including laboratory and pathology results, imaging reports, operative notes and discharge summaries, and arranges appointments and the hospital visit.

CONDITIONS TREATED

Personalized nutrition plans

Evidence-based nutrition care

Clinical nutrition counseling

EDUCATION & TRAINING

- 2018** Acibadem Mehmet Ali Aydınlar University, Health Sciences Institute, Department of Nutrition and Dietetics, Doctorate
- 2014–2017** Yeditepe University Health Sciences Institute, Department of Nutrition and Dietetics, Master's Degree
- 2011–2014** Yeditepe University Faculty of Arts and Sciences, Psychology, Double Major (1st in Department)
- 2009–2014** Yeditepe University Faculty of Health Sciences, Nutrition and Dietetics, Bachelor's Degree (1st in Faculty and...)

PROFESSIONAL EXPERIENCE

- 2014** Acibadem Healthcare Services
- 2014** Universal Group Taksim Alman Hospital

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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WEBSITE
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FREE CONSULTATION
Ask Nur Ecem Baydı Ozman
about your case
Reply within 24 hours