

PHYSICAL MEDICINE & REHABILITATION



Nursena Altinkaya, Physiotherapist

Acibadem Adana Hospital · Physical Medicine & Rehabilitation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
7+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine &
Rehabilitation



FOCUS

Musculoskeletal injuries ·
Post-operative...



HOSPITAL

Acibadem Adana Hospital



DEPARTMENT

Physical Medicine &
Rehabilitation



CLINICAL FOCUS

The conditions Nursena Altinkaya treats fall into three broad groups. The first is musculoskeletal injuries, including injuries affecting muscles, joints and connective tissue. The second is post-operative conditions, where rehabilitation after surgery is intended to support the return of mobility, strength and everyday function.

Her treatment methods include manual therapy, in which the therapist uses hands-on techniques to mobilize joints and soft tissue, and therapeutic exercise, in which patients perform targeted movements to build strength, flexibility and control.

Musculoskeletal injuries

Post-operative conditions

Chronic pain

Manual therapy

Therapeutic exercise



INTERNATIONAL PATIENTS

Nursena Altinkaya speaks Turkish and English, so patients from abroad can communicate with her directly in either language, and interpreters can be arranged for other languages. Before the visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes...



CONDITIONS TREATED

Musculoskeletal injuries

Post-operative conditions

Chronic pain



EDUCATION & TRAINING

2019

Abant İzzet Baysal University



PROFESSIONAL EXPERIENCE

2020

Acibadem Healthcare Services



PROCEDURES PERFORMED

Manual therapy

Therapeutic exercise

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Nursena Altinkaya about
your case

Reply within 24 hours