

PSYCHOLOGY



Öykü Gönültaş, Clinical Psychologist

Acibadem Atasehir Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
4+ years



CONSULTS
On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Psychology



FOCUS
Depression · Relationship
Problems



HOSPITAL
Acibadem Atasehir
Hospital, İstanbul



DEPARTMENT
Psychiatry & Psychology



CLINICAL FOCUS

Öykü Gönültaş works with adults experiencing a range of emotional and behavioral difficulties. Her areas of expertise include Depression, Anxiety Disorders, Panic Disorder, and Social and Specific Phobias.

Relationship Problems and Marital Problems are a further area of her practice. In this context, the work typically involves exploring patterns of communication and interaction, identifying sources of conflict and supporting individuals or couples in developing more helpful ways of relating to one another.

Depression

Relationship Problems

Cognitive Behavioral Therapy

Obsessive Compulsive Disorder

Social and Specific Phobias



CONDITIONS TREATED

Depression

Obsessive compulsive disorder

Social and specific phobias

Panic disorder

Eating disorders



EDUCATION & TRAINING

2023

Erasmus University Rotterdam, Netherlands — Clinical Psychology

2022

Istanbul Bilgi University — Psychology



PROCEDURES PERFORMED

Relationship problems

Cognitive behavioral therapy

Depression treatment

Alcohol use disorder treatment

Anorexia nervosa treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

+90 536 904 82 62

Tap to chat



WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Öykü Gönültaş about your case

Reply within 24 hours