

## NUTRITION &amp; DIET



## Pakize Gizem Akgül, Dietitian

Acibadem Adana Hospital · Nutrition &amp; Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE  
17+ yearsLANGUAGES  
Turkish · EnglishCONSULTS  
Video · On-sitePATIENTS  
90+ countriesSPECIALTY  
Nutrition & DietFOCUS  
Treatment of ObesityHOSPITAL  
Acibadem Adana HospitalDEPARTMENT  
Nutrition & Diet

## CLINICAL FOCUS

Pakize Gizem Akgül is a nutrition & diet specialist at Acibadem Adana Hospital in Adana, Türkiye, with 17 years of experience. Listed areas of expertise include obesity management, individualized nutrition planning, gastroenterology dietetics, gluten-related diseases and dietary supplements.

Pakize Gizem Akgül is a dietitian working in nutrition and diet, with 17 years of experience. She treats obesity, and her expertise also takes in the treatment of obesity as a subspecialty, gastroenterology dietetics and gluten-related diseases.

Obesity management Individualized nutrition planning  
Gastroenterology dietetics Gluten-related diseases  
Dietary supplements

## CONDITIONS TREATED

Obesity management Individualized nutrition planning  
Gluten-related diseases Dietary supplements

## EDUCATION &amp; TRAINING

- 2025 Acibadem University ASEGE — Longevity Dietitian Training  
2024 AEGEM — Dietary Supplements Training for Health Professionals  
2023 Acibadem University Continuing Education and Development Center (ASEGE) — Training Program on Gluten-Related...  
2021–2022 ASEGE — Gastroenterology Dietetics Certificate Program

## PROFESSIONAL EXPERIENCE

- 2013–2014 Dietary Counseling at Adana Score Sports Center within Acibadem Healthcare Services  
2012 Acibadem Healthcare Services

## PROCEDURES PERFORMED

Obesity treatment Longevity

ACIBADEM HEALTHCARE GROUP Verified  
network figures45+  
HOSPITALS & CLINICS7  
JCI-ACCREDITED90+  
COUNTRIES SERVED20+  
LANGUAGES IN-HOUSE

## MEMBERSHIPS

- Türkiye Diyetisyenler Association

## SELECTED PUBLICATIONS

- The relationship between vegetarian and vegan diets and depression poster  
9th Healthy Living E-Congress  
Mind Diet and its effect on cognitive functions poster presentation 9th  
Healthy Living E-Congress  
5 publications listed on the online profile

PHONE  
+90 535 876 04 89  
Tap to callWHATSAPP  
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Reply within 24 hours