

NUTRITION & DIET



Gamze Gültekin, Dietitian

Acibadem Kent Hospital (Izmir) · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
21+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Clinical nutrition · Enteral nutrition

HOSPITAL
Acibadem Kent Hospital (Izmir)

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

Gamze Gültekin's practice centers on clinical nutrition, meaning the nutritional assessment and dietary management of patients whose medical conditions or treatments affect their ability to eat, digest or absorb food adequately. This includes enteral nutrition, in which nutrients are delivered through a feeding tube to the digestive tract, and parenteral nutrition, in which nutrients are given intravenously when the digestive...

Two further areas of her work are oncology nutrition and geriatric dietetics. In oncology nutrition, dietetic care addresses the nutritional needs of patients before, during and after cancer treatment, taking into account factors such as appetite changes, weight loss and treatment side effects.

Clinical nutrition

Enteral nutrition

Parenteral nutrition

Oncology nutrition

Geriatric dietetics

INTERNATIONAL PATIENTS

Gamze Gültekin consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. The international patient team coordinates the collection of prior medical reports, laboratory results and imaging, arranges appointments and organizes the hospital visit.

EDUCATION & TRAINING

- 2008 Erciyes University Faculty of Health Sciences
2008 Erciyes University Master's Degree in Nutrition and Dietetics
2005 Erciyes University (Department of Nutrition and Dietetics)

PROFESSIONAL EXPERIENCE

- 2016 Acibadem Healthcare Services
2015 İzmir Özel Kent Hospital
2009–2014 Form Ortaca Nutrition Diet Consultancy and Sports Center, Specialist Dietitian
2005–2009 Kayseri Private Sevgi Hospital, Dietitian

PROCEDURES PERFORMED

Clinical nutrition

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- KEPAN (Clinical Enteral Parenteral Nutrition Association)
- Türkiye Diyetisyenler Association
- EGEKAD (Aegean Cancer Research Association)
- IDOD (Interdisciplinary Oncology Association)
- GEDİDER (Geriatric Dietetics Association)

SELECTED PUBLICATIONS

- USE OF COMPLEMENTARY AND ALTERNATIVE MEDICINE (CAM) IN NEW ONSET CANCER PATIENTS: 1- YEAR RESULTS OF PROSPECTIVE...
- Impact Of Omega-3 And Omega-9 Fatty Acids Enriched Total Parenteral Nutrition On Blood Chemistry And Inflammatory...

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FREE CONSULTATION
Ask Gamze Gültekin about your case
Reply within 24 hours