



INTERNAL MEDICINE

Sadettin Dolar, MD

Acibadem Kent Hospital (Izmir) · Internal Medicine · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
10+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Internal Medicine



FOCUS
Functional Medicine ·
Thyroid Diseases and...



HOSPITAL
Acibadem Kent Hospital
(Izmir)



DEPARTMENT
Internal Medicine



CLINICAL FOCUS

A large part of Dr. Dolar's practice is the care of metabolic disease. He evaluates and treats patients with type 2 diabetes and prediabetes, a stage at which blood glucose is raised but has not yet reached the threshold for diabetes. He also manages obesity, both as a medical condition in its own right and as a factor that influences other metabolic disorders.

Dr. Dolar's practice also includes functional medicine, an approach that considers the wider factors contributing to a patient's condition, together with wellness and longevity applications. In addition, he treats common problems that present to internal medicine, such as gastroenteritis, and provides medical treatments for the range of conditions listed in the expertise grid on this page.

Functional medicine

Anaemia

Prediabetes

Obesity

Chronic disease management



INTERNATIONAL PATIENTS

Dr. Dolar consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, arranges appointments and organizes the hospital visit.



CONDITIONS TREATED

Anaemia

Prediabetes

Obesity

Chronic disease management

Thyroid disorders

Wellness



EDUCATION & TRAINING

2021 Ege University Faculty of Medicine Internal Medicine

2016 Ege University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services

2024 Özel Can Hospital

2022 Alaşehir Devlet Hospital



PROCEDURES PERFORMED

Longevity applications

Obesity treatment

Longevity

Gastroenteritis treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE
+90 535 876 04 89

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+90 536 904 82 62

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WEBSITE
acibademinternational.com

Open the site



FREE CONSULTATION
Ask Dr. Dolar about your case

Reply within 24 hours