



PHYSICAL MEDICINE & REHABILITATION

Safiye Sayılır, MD

Acibadem Dr. Sinasi Can (Kadikoy) Hospital, İstanbul · Physical
Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
12+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine &
Rehabilitation



FOCUS

Spine Health · Physical
Therapy and...



HOSPITAL

Acibadem Dr. Sinasi Can
(Kadikoy) Hospital,...



DEPARTMENT

Physical Medicine &
Rehabilitation



CLINICAL FOCUS

Dr. Sayılır's clinical work centers on spine health, pain management and rehabilitation. She assesses and treats patients with reduced lumbar lordosis and facet joint syndrome, as well as regional pain conditions such as frozen shoulder syndrome and myalgia.

A second area of her work concerns muscle and nerve disorders, including myopathy and other neuromuscular diseases, and rehabilitation for people living with Parkinson's disease. Dr. Sayılır also manages sports and knee injuries, combining clinical assessment with physical therapy and rehabilitation.

Joint injections

Reduced lumbar lordosis

Frozen shoulder syndrome

Facet joint syndrome

Fibromyalgia



CONDITIONS TREATED

Reduced lumbar lordosis

Frozen shoulder syndrome

Facet joint syndrome

Fibromyalgia

Sports and knee injuries



EDUCATION & TRAINING

2022 İstanbul Bezmialem Vakıf University Physical Medicine and Rehabilitation

2017 Acibadem Mehmet Ali Aydınlar University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2024 Acibadem Healthcare Services

2024 Acibadem Healthcare Services

2023–2024 Van Muradiye State Hospital, Specialist Doctor — Physical Medicine and Rehabilitation

2018–2022 İstanbul Bezmialem Vakıf University Faculty of Medicine
Department of Physical Medicine and Rehabilitation, Specialty...

+3 earlier posts on the profile



PROCEDURES PERFORMED

Joint injections

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Turkish Physical Medicine and Rehabilitation Association



SELECTED PUBLICATIONS

- Sarcoidosis with axial spondyloarthritis: A case-based review of simultaneous occurrence. Int J Rheum Dis.
- Drilling through lateral transmuscular portal lowers the risk of suprascapular nerve injury during arthroscopic SLAP...

Full list on the online profile



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WEBSITE

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FREE CONSULTATION

Ask Dr. Sayılır about your case

Reply within 24 hours