



INTERNAL MEDICINE

Ömer Hersek, MD

Acibadem Kartal Hospital, İstanbul · Internal Medicine · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
39+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Internal Medicine



FOCUS
Thyroid Diseases and Treatment



HOSPITAL
Acibadem Kartal Hospital, İstanbul



DEPARTMENT
Internal Medicine



CLINICAL FOCUS

Dr. Hersek sees patients with thyroid disease, which is the subspecialty area of his practice, as well as metabolic conditions more broadly. His areas of expertise include metabolic disease diagnosis and treatment, prediabetes, obesity, fatty liver disease and clinical nutrition.

In addition to these long-term conditions, Dr. Hersek treats acute internal medicine problems such as gastroenteritis and upper respiratory tract diseases. Geriatric health is a further area of his practice, and he provides care informed by his experience in age-related health needs, metabolic health and nutrition-related concerns.

Anemia

Gastroenteritis

Geriatric Health

Prediabetes

Hypertension



CONDITIONS TREATED

Anemia

Gastroenteritis

Prediabetes

Hypertension

Chronic disease management



EDUCATION & TRAINING

1996

Istanbul Göztepe Training and Research Hospital Department of Internal Medicine

1987

Hacettepe University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services

2022–2025

Özel Liv Hospital

2013–2020

Özel Tuzla Gisbir Hospital

2008–2013

Özel Balat Musevi Hospital

+3 earlier posts on the profile



PROCEDURES PERFORMED

Clinical nutrition

Medical treatment

Anemia treatment

Gastroenteritis treatment

Hypertension treatment



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Association of Internal Medicine Specialists



SELECTED PUBLICATIONS

Publications are listed on the online profile.



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WEBSITE

acibademinternational.com

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FREE CONSULTATION

Ask Dr. Hersek about your case

Reply within 24 hours