



PHYSICAL MEDICINE &amp; REHABILITATION

## Semih Kızıltan, Physiotherapist

Acibadem Altunizade Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



LANGUAGES  
Turkish · English



CONSULTS  
Video · On-site



PATIENTS  
90+ countries



PROFILE  
Verified



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Spine Health · Neuromuscular Diseases



HOSPITAL

Acibadem Altunizade Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



### CLINICAL FOCUS

A large part of Semih Kızıltan's work concerns the spine. He treats patients with lumbar disc herniation and cervical disc herniation, as well as lumbar hypolordosis, a reduced curvature of the lower back. He also sees patients with piriformis syndrome, in which a muscle deep in the buttock irritates the sciatic nerve and causes pain in the hip, buttock or leg.

His practice also covers muscle and nerve disorders, including myalgia (muscle pain) and myopathy (disease of the muscle tissue), and he provides Parkinson's rehabilitation for patients whose movement, balance and daily activities are affected by the disease. In addition, he treats sports injuries and knee injuries, working with patients to restore strength, range of motion and function after injury.

Spine Health

Muscle and Nerve Disorders

Manual Therapy

Myalgia

Myopathy



### INTERNATIONAL PATIENTS

Semih Kızıltan speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports and imaging, for example MRI, CT, X-ray or ultrasound reports, laboratory results, operative notes and discharge summaries, and arranges appointments and the hospital visit.



### CONDITIONS TREATED

Muscle and nerve disorders

Myalgia

Myopathy

Piriformis syndrome

Sports injuries

Knee injuries



### EDUCATION & TRAINING

2024

Acibadem Mehmet Ali Aydinlar University



### PROFESSIONAL EXPERIENCE

2024

Acibadem Healthcare Services



### PROCEDURES PERFORMED

Manual therapy

Osteoarthritis treatment



ACIBADEM HEALTHCARE GROUP Verified  
network figures

45+

HOSPITALS &amp; CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

**+90 536 904 82 62**

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WEBSITE

**acibademinternational.com**

Open the site



FREE CONSULTATION

**Ask Semih Kızıltan about your case**

Reply within 24 hours