

NUTRITION & DIET



Sevihan Akbulut Azal, Dietitian

Acibadem Taksim Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
19+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Nutrition & Diet



FOCUS
Clinical nutrition · Dietary planning



HOSPITAL
Acibadem Taksim Hospital, İstanbul



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Sevihan Akbulut Azal's work centers on clinical nutrition and medical nutrition therapy. She prepares personalized nutrition plans based on a patient's medical history, current treatment, laboratory findings and daily routine, and she adjusts these plans as circumstances change.

Nutrition counseling is another core area. Rather than short-term restrictive diets, she focuses on sustainable healthy habit counseling, helping patients understand how to make realistic, lasting changes to what and how they eat. Dietary recommendations are presented as one part of a broader care plan, and she works alongside the treating medical teams when nutrition is relevant to a patient's condition.

Clinical nutrition

Dietary planning

Medical nutrition therapy

Personalized nutrition plans

Chronic disease nutrition management



INTERNATIONAL PATIENTS

Sevihan Akbulut Azal consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the Acibadem international patient team coordinates the collection of prior reports and imaging, such as laboratory results, discharge summaries, operative notes and any existing dietary or medical records, and arranges appointments and the...



CONDITIONS TREATED

Dietary planning

Personalized nutrition plans

Chronic disease nutrition management

Recovery nutrition support

Nutrition counseling

Sustainable healthy habit counseling



EDUCATION & TRAINING

2007–2011 Başkent University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2020 Acibadem Healthcare Services

2018–2020 Medicalpark Florya Hospital

2017–2018 Mono Cerrahi Medical Center

2015–2017 Arifoğlu Natural and Organic Products

2015 Cardio Life Program

2013–2015 Estethica Bakırköy Medical Center

+1 earlier posts on the profile



PROCEDURES PERFORMED

Clinical nutrition

Medical nutrition therapy



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

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Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Sevihan Akbulut Azal about your case

Reply within 24 hours