

NUTRITION & DIET



Simay Gülüş, Dietitian

Acibadem Kent Hospital (Izmir) · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



PROFILE
Verified



SPECIALTY
Nutrition & Diet



FOCUS
Evidence-based nutrition counseling · ...



HOSPITAL
Acibadem Kent Hospital (Izmir)



DEPARTMENT
Nutrition & Diet



CLINICAL FOCUS

Simay Gülüş is a nutrition & diet specialist at Acibadem Kent Hospital in İzmir, Türkiye, with 1 years of experience. Listed areas of expertise include evidence-based nutrition counseling, personalized meal planning, chronic disease nutrition management, patient recovery nutrition support and healthy lifestyle nutrition counseling.

Simay Gülüş is a dietitian working in nutrition and diet, with one year of experience. She treats patients through evidence-based nutrition counseling and personalized meal planning, and her listed areas of expertise also include patient recovery nutrition support and sustainable eating strategies; the full set of areas appears in the grid below this profile.

Evidence-based nutrition counseling

Personalized meal planning

Chronic disease nutrition management

Patient recovery nutrition support

Healthy lifestyle nutrition counseling



CONDITIONS TREATED

Evidence-based nutrition counseling

Personalized meal planning

Chronic disease nutrition management

Patient recovery nutrition support

Healthy lifestyle nutrition counseling

Sustainable eating strategies



EDUCATION & TRAINING

2025

Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2025

Acibadem Healthcare Services



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

+90 535 876 04 89

Tap to call



WHATSAPP

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Tap to chat



WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Simay Gülüş about your case

Reply within 24 hours