

FAMILY MEDICINE



Şirin Parkan, MD

Acibadem Dr. Sinasi Can (Kadikoy) Hospital, İstanbul · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
44+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Family Medicine

FOCUS
Functional Medicine

HOSPITAL
Acibadem Dr. Sinasi Can
(Kadikoy) Hospital, ...

DEPARTMENT
Family Medicine

CLINICAL FOCUS

Dr. Parkan's clinical practice centers on family medicine with a functional medicine perspective. In chronic disease management, this involves reviewing a patient's history, current medications and previous test results, considering how lifestyle and daily habits may contribute to symptoms, and agreeing on a plan for follow-up.

Alongside medical care, Dr. Parkan offers family counselling and marriage counselling. These consultations address the ways in which family relationships and everyday stress can affect health and well-being, and they may be combined with medical follow-up where relevant.

Functional medicine

Chronic disease management

Family counselling

Marriage counselling

Health management

CONDITIONS TREATED

Chronic disease management

Family counselling

Marriage counselling

Health management

EDUCATION & TRAINING

2003 Taksim Training and Research Hospital Family Medicine

1990–1997 İstanbul University İstanbul Faculty of Medicine

1982–1990 Alman High School

PROFESSIONAL EXPERIENCE

2004 Acibadem Healthcare Services

2003–2004 VKV Amerikan Hospital

2003–2004 VKV Amerikan Hospital

1998–1999 Taksim Verem Savaş Dispanseri

+1 earlier posts on the profile

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- Health Education and Drama Association
- Turkish Association of Family Medicine Specialists
- Istanbul Medical Chamber

SELECTED PUBLICATIONS

- Family Medicine Diagnosis and Treatment. 2018 Chapter Authorship. Editors: Altuğ Kut, M. Gökhan Eminsoy, Cihan Fidan
- Family Medicine and Primary Care. At the Crossroads of Social Change. 2018. Chapter Authorship. Editor: Prof. Dr.

4 publications listed on the online profile

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