



PHYSICAL MEDICINE & REHABILITATION

Prof. S. Tolga Aydoğ, MD

Acibadem Fulya Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
43+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Physical Medicine & RehabilitationFOCUS
Spinal HealthHOSPITAL
Acibadem Fulya Hospital, İstanbulDEPARTMENT
Physical Medicine & Rehabilitation

CLINICAL FOCUS

Dr. Aydoğ's clinical work centers on sports injuries and sports traumatology, including knee injuries and other joint injuries. Within spine health, he evaluates and manages neck, back and low back pain, disc herniations, lumbar hypolordosis and cervical straightening, with rehabilitation planning tailored to the patient's symptoms and...

He also sees patients with chronic muscle pain, fibromyalgia and restless legs syndrome, and provides lymphedema treatment. As a physical medicine and rehabilitation specialist, his approach focuses on non-surgical assessment, rehabilitation and the restoration of mobility and function, and each plan is based on the individual clinical...

Sports injuries and sports traumatology

Knee injuries

Joint injuries

Lumbar hypolordosis

Cervical straightening

CONDITIONS TREATED

Sports injuries and sports traumatology

Knee injuries

Joint injuries

Lumbar hypolordosis

Cervical straightening

EDUCATION & TRAINING

- 2005** Hacettepe University Faculty of Medicine, Department of Sports Medicine — Associate Professor
- 1998–2002** Hacettepe University Faculty of Medicine Sports Medicine, PhD
- 1993** Ankara Dışkapı Yıldırım Beyazıt Training and Research Hospital Physical Medicine and Rehabilitation
- 1989** Hacettepe University Faculty of Medicine

PROFESSIONAL EXPERIENCE

- 2010** Acibadem Healthcare Services
- 2010** Acibadem Healthcare Services
- 2008–2010** Anadolu Health Center
- 2006–2007** Florida University Institute of Orthopedic Sports Medicine, Researcher (with a TÜBİTAK scholarship)

+5 earlier posts on the profile

PROCEDURES PERFORMED

Fibromyalgia treatment

ESS

ACIBADEM HEALTHCARE GROUP Verified
network figures45+
HOSPITALS & CLINICS7
JCI-ACCREDITED90+
COUNTRIES SERVED20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- Turkish Association of Physical Medicine and Rehabilitation...
- Turkish Medical Rehabilitation Institution Association
- Türkiye Spor Hekimleri Association
- European Collage of Sports Medicine

+1 further societies on the profile

SELECTED PUBLICATIONS

- Comparison of four Airway Devices on Cervical Spine Alignment in a Cadaver Model with Global Ligamentous Instability...
- The frequency of fibromyalgia in sport professionals Inanıcı F, Ozdemir O, Aydoğ T, Sendil A, Kutsal YG, Hasçelik Z.

11 publications listed on the online profile

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Reply within 24 hours