

PSYCHIATRY



Talat Sankavak, MD

Acibadem Kartal Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
14+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Psychiatry



FOCUS
Anxiety disorders · Panic disorder



HOSPITAL
Acibadem Kartal Hospital,
İstanbul



DEPARTMENT
Psychiatry & Psychology



CLINICAL FOCUS

A significant part of Dr. Sankavak's work concerns anxiety disorders and panic disorder, as well as obsessive-compulsive disorder. He evaluates and treats patients with atypical psychosis and provides addiction treatment. Psychotherapy forms part of his clinical approach, and he offers psychological support during cancer treatment for patients who experience emotional or psychiatric difficulties in the course of oncological...

Dr. Sankavak also sees patients with sleep disorders, including insomnia and sleep apnea, where psychiatric factors may contribute to or result from disturbed sleep. In the area of personality disorders, his practice includes borderline personality disorder as well as dependent and other personality disorders.

Anxiety disorders

Panic disorder

Atypical psychosis

Addiction treatment

Psychotherapy



INTERNATIONAL PATIENTS

Dr. Sankavak consults in Turkish and English, and interpreters can be arranged for patients who speak other languages. Before a visit, the international patient team coordinates the collection of prior reports, such as previous psychiatric or medical assessments, laboratory results, discharge summaries and any imaging reports that may be relevant, and arranges appointments and the...



CONDITIONS TREATED

Anxiety disorders

Panic disorder

Atypical psychosis

Psychotherapy

Sleep disorders

Insomnia



EDUCATION & TRAINING

2018 Ege University Faculty of Medicine Department of Mental Health and Diseases

2012 Ege University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services



PROCEDURES PERFORMED

Drug addiction treatment

Psychological support during cancer treatment

Insomnia treatment

Sleep apnea treatment

Obsessive compulsive disorder treatment

Borderline personality disorder treatment



ACIBADEM HEALTHCARE GROUP · Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE

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Tap to call



WHATSAPP

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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Dr. Sankavak about your case

Reply within 24 hours