



## NUTRITION &amp; DIET

## Tuba Sungur, Dietitian

Acibadem Kartal Hospital, İstanbul · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE  
16+ years

LANGUAGES  
Turkish · English

CONSULTS  
Video · On-site

PATIENTS  
90+ countries

SPECIALTY  
Nutrition & Diet

FOCUS  
Iron Deficiency Nutrition · Weight...

HOSPITAL  
Acibadem Kartal Hospital, İstanbul

DEPARTMENT  
Nutrition & Diet

## CLINICAL FOCUS

A large part of Tuba Sungur's practice involves nutrition planning for medical conditions in which diet plays a supporting role. This includes nutrition for iron deficiency, dietary management of coeliac disease, and nutritional approaches for metabolic disease and cardiovascular disease.

Her areas of expertise further include weight management for children and adolescents, nutrition during pregnancy, and nutrition and diet in menopause. Tuba Sungur also works with carbohydrate counting, a method that may be used by people who need to track carbohydrate intake as part of managing their condition, and she provides...

Iron Deficiency Nutrition

Weight Management for Children and Adolescents

Coeliac Disease Nutrition

Pregnancy Nutrition

Gout Nutrition

## CONDITIONS TREATED

Weight management for children and adolescents

Menopause nutrition and diet

Carbohydrate counting

Nutrition for bed-bound patients

## EDUCATION &amp; TRAINING

2021 İstanbul Bilgi University Faculty of Health Sciences

## PROFESSIONAL EXPERIENCE

2022–2025 Acibadem Dr. Şinasi Can Hospital — Dietitian

2010 Acibadem Healthcare Services

## PROCEDURES PERFORMED

Gout treatment

ACIBADEM HEALTHCARE GROUP Verified  
network figures

45+  
HOSPITALS & CLINICS

7  
JCI-ACCREDITED

90+  
COUNTRIES SERVED

20+  
LANGUAGES IN-HOUSE

## MEMBERSHIPS

Türkiye Diyetisyenler Association (TDD)

## SELECTED PUBLICATIONS

Publications are listed on the online profile.

PHONE  
+90 535 876 04 89  
Tap to call

WHATSAPP  
+90 536 904 82 62  
Tap to chat

WEBSITE  
acibademinternational.com  
Open the site

FREE CONSULTATION  
Ask Tuba Sungur about your case  
Reply within 24 hours