



NUTRITION & DIET

Tuğçe Sütçüoğlu, Dietitian

Acibadem Bodrum Hospital, Muğla · Nutrition & Diet · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
10+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Nutrition & Diet

FOCUS
Functional Medicine

HOSPITAL
Acibadem Bodrum
Hospital, Muğla

DEPARTMENT
Nutrition & Diet

CLINICAL FOCUS

Tuğçe Sütçüoğlu's areas of expertise include nutrition in metabolic diseases, cardiovascular nutrition and carbohydrate counting. She works with children and adolescents on weight management and provides dietary guidance for celiac disease, including the planning of a diet that fits the patient's diagnosis and daily routine.

A further part of her work is functional nutrition and functional foods within the framework of functional medicine, which looks at diet in relation to a person's overall health picture rather than a single symptom. Following her training in longevity dietetics, she also advises on nutrition as part of longevity care.

Weight management in children and adolescents

Nutrition in celiac disease

Iron deficiency nutrition

Functional nutrition and functional foods

Functional medicine

CONDITIONS TREATED

Weight management in children and adolescents

Nutrition in celiac disease

Functional nutrition and functional foods

Nutrition in gout

Carbohydrate counting

EDUCATION & TRAINING

2026 Longevity Dietetics

2022–2025 Bahçeşehir University — Yüksek Lisans

2016–2020 Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences

PROFESSIONAL EXPERIENCE

2021 Acibadem Healthcare Services

PROCEDURES PERFORMED

Celiac disease treatment

Gout treatment

Longevity

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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WEBSITE
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FREE CONSULTATION
Ask Tuğçe Sütçüoğlu about your case
Reply within 24 hours