



ANESTHESIOLOGY

Assoc. Prof. Umut Kara, MD

Acibadem Kartal Hospital, İstanbul · Anesthesiology & Reanimation ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
21+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Anesthesiology

FOCUS
Intensive Care

HOSPITAL
Acibadem Kartal Hospital,
İstanbul

DEPARTMENT
Anesthesiology &
Reanimation

CLINICAL FOCUS

Dr. Kara's clinical work centers on intensive care treatment. This involves the monitoring and management of critically ill patients whose vital functions require close observation and support, and it typically includes coordination with the surgical and medical teams responsible for the patient's underlying condition.

His areas of expertise also include palliative care, which focuses on symptom control and comfort for patients with serious illness, and advanced life support, which covers the structured management of life-threatening emergencies such as cardiac or respiratory arrest.

Intensive Care Treatment

Palliative Care

Advanced Life Support

Intensive care

INTERNATIONAL PATIENTS

Dr. Kara speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. The Acibadem international patient team coordinates the collection of prior medical reports and imaging, arranges appointments, and organizes the hospital visit.

CONDITIONS TREATED

Palliative care

Advanced life support

EDUCATION & TRAINING

- 2023–2024** Department of Anesthesiology and Reanimation Ministry of Health, Gülhane Training and Research Hospital, 06018,...
- 2014** Gülhane Military Medical Academy Anesthesiology and Reanimation
- 2005** Gülhane Military Medical Academy Faculty of Medicine

PROFESSIONAL EXPERIENCE

- 2023** Acibadem Healthcare Services
- 2016–2023** Department of Anesthesiology and Reanimation Ministry of Health, Gülhane Training and Research Hospital, 06018,...
- 2014–2016** Department of Anesthesiology and Reanimation, Gülhane Military Medical Academy, Ankara, Türkiye
- 2010–2014** Department of Anesthesiology and Reanimation, Gülhane Military Medical Academy, Ankara, Türkiye
- 2006–2010** 1. Komando Tugayı Zincidere–KAYSERİ
- 2005–2006** Gülhane Military Medical Academy, Military Faculty of Medicine

PROCEDURES PERFORMED

Intensive care treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- Turkish Intensive Care Association
- Association of Anesthesiology and Reanimation Specialists
- Turkish Society of Anesthesiology and Reanimation

SELECTED PUBLICATIONS

Publications are listed on the online profile.

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Reply within 24 hours