



PHYSICAL MEDICINE & REHABILITATION

Yaren Yıldız, Physiotherapist

Acibadem Atasehir Hospital, İstanbul · Physical Medicine & Rehabilitation · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
5+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY

Physical Medicine & Rehabilitation



FOCUS

Physical medicine and rehabilitation · ...



HOSPITAL

Acibadem Atasehir Hospital, İstanbul



DEPARTMENT

Physical Medicine & Rehabilitation



CLINICAL FOCUS

The core of Yaren Yıldız's practice is rehabilitation therapy aimed at functional recovery. This involves assessing how a patient moves and performs everyday tasks, identifying limitations, and working toward measurable improvements in strength, range of motion and mobility.

Mobility improvement is a recurring goal in her work. Reduced mobility can follow injury, illness, surgery or long-standing musculoskeletal conditions, and rehabilitation seeks to restore as much independent movement as a patient's situation allows. Realistic expectations are discussed at the outset, since the extent and speed of recovery vary from person to person and depend on the underlying condition.

Physical medicine and rehabilitation

Rehabilitation therapy

Functional recovery

Mobility improvement

Individualized therapy planning



INTERNATIONAL PATIENTS

Yaren Yıldız speaks Turkish and English, and interpreters can be arranged for patients who speak other languages. The international patient team coordinates the collection of prior reports and imaging, including MRI, CT, X-ray or ultrasound reports, laboratory and pathology results, operative notes and discharge summaries, and arranges appointments and the hospital visit.



CONDITIONS TREATED

Functional recovery

Mobility improvement



EDUCATION & TRAINING

2021

Acibadem Mehmet Ali Aydınlar University Faculty of Health Sciences



PROFESSIONAL EXPERIENCE

2022

Acibadem Healthcare Services



PROCEDURES PERFORMED

Physical medicine and rehabilitation

Stroke rehabilitation

Vestibular rehabilitation

Pulmonary rehabilitation

Cancer rehabilitation

Individualized therapy planning



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



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Tap to call



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WEBSITE

acibademinternational.com

Open the site



FREE CONSULTATION

Ask Yaren Yıldız about your case

Reply within 24 hours