



INTERNAL MEDICINE

Zeynep Ece Demirbaş, MD

Acibadem Kartal Hospital, İstanbul · Internal Medicine · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
17+ years

LANGUAGES
Turkish · English

CONSULTS
Video · On-site

PATIENTS
90+ countries

SPECIALTY
Internal Medicine

FOCUS
Thyroid Diseases and Treatment

HOSPITAL
Acibadem Kartal Hospital, İstanbul

DEPARTMENT
Internal Medicine

CLINICAL FOCUS

A central part of Dr. Demirbaş's work is the long-term management of chronic disease. She evaluates and treats patients with prediabetes and type 2 diabetes, as well as obesity, with an emphasis on medical treatment and the diagnosis and treatment of metabolic disease.

Her clinical scope also includes anaemia, gastritis and upper respiratory tract conditions. In each of these areas she takes an internal medicine approach, in which a patient's symptoms are considered alongside existing diagnoses, current medications and previous treatments, so that care can be planned and monitored over time.

Chronic disease management Prediabetes Obesity
Type 2 diabetes Thyroid disorders

CONDITIONS TREATED

Chronic disease management Prediabetes Obesity
Type 2 diabetes Thyroid disorders

EDUCATION & TRAINING

2014 Haydarpaşa Numune Training and Research Hospital
Department of Internal Medicine

2009 Ege University Faculty of Medicine

PROFESSIONAL EXPERIENCE

2025 Acibadem Healthcare Services

2016–2025 Dr. Siyami Ersek GKDC Training and Research Hospital

2014–2016 Specialist Doctor — Zonguldak Atatürk State Hospital

2010–2014 Resident Doctor — Haydarpaşa Numune Training and Research Hospital, İstanbul

+1 earlier posts on the profile

PROCEDURES PERFORMED

Medical treatment Obesity treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

MEMBERSHIPS

- Turkish Internal Medicine Specialization Association
- Turkish Medical Association

SELECTED PUBLICATIONS

Publications are listed on the online profile.

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+90 535 876 04 89
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Ask Dr. Demirbaş about your case
 Reply within 24 hours