



OCCUPATIONAL MEDICINE

Zeynep Sağırkaya, MD

Acibadem Bursa Hospital · Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

EXPERIENCE
27+ yearsLANGUAGES
Turkish · EnglishCONSULTS
Video · On-sitePATIENTS
90+ countriesSPECIALTY
Occupational MedicineFOCUS
Physical Medicine and
Rehabilitation · ...HOSPITAL
Acibadem Bursa HospitalDEPARTMENT
Occupational Medicine

CLINICAL FOCUS

Dr. Sağırkaya's areas of expertise include pain management and rehabilitation for musculoskeletal conditions. She evaluates and treats patients with fibromyalgia, myalgia, frozen shoulder syndrome, facet joint syndrome, and restless legs syndrome.

Her practice also includes lymphedema treatment and lipedema treatment, as well as pediatric rehabilitation for children who need structured physical therapy and rehabilitation follow-up. Treatment planning is based on the patient's history, clinical examination, and any available imaging or prior reports, and is adjusted to the needs...

Manual therapy

Loss of cervical lordosis

Pediatric rehabilitation

Frozen shoulder syndrome

Facet joint syndrome



CONDITIONS TREATED

Loss of cervical lordosis

Frozen shoulder syndrome

Facet joint syndrome

Fibromyalgia

Restless legs syndrome



EDUCATION & TRAINING

2004

Uludağ University Faculty of Medicine Physical Medicine and Rehabilitation

1999

Karadeniz Teknik University Faculty of Medicine



PROFESSIONAL EXPERIENCE

2020

Acibadem Healthcare Services

2011-2020

Bursa Konur - Gemlik Medical Center

2011

Acibadem Healthcare Services

2004-2011

Bursa Hayat Hospital

+2 earlier posts on the profile



PROCEDURES PERFORMED

Manual therapy

Pain management and rehabilitation

Lipedema treatment

Fibromyalgia treatment

ESS

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



MEMBERSHIPS

- Physical Therapy Rehabilitation Association
- Ankara Acupuncture and Complementary Medicine Association
- Turkish Young Rheumatism and Fight Association
- Specialist Physical Therapy and Rehabilitation Association

+3 further societies on the profile



SELECTED PUBLICATIONS

- Anxiety and Depression in Patients with Rheumatoid Arthritis Rheumatizma, Volume: 19, Issue: 1, 2004 Altan L, Bingöl...
- A Case of Meralgia Paresthetica T Klin J PM&R 2004,4:21-24 Ay A, Sağırkaya Z, Yurtkuran M

4 publications listed on the online profile



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FREE CONSULTATION

Ask Dr. Sağırkaya about your case

Reply within 24 hours