



PSYCHOLOGY

Zeynep Şevval Ekşi, Psychologist

Acibadem Altunizade Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE



EXPERIENCE
6+ years



LANGUAGES
Turkish · English



CONSULTS
Video · On-site



PATIENTS
90+ countries



SPECIALTY
Psychology



FOCUS
Anxiety · Mood concerns



HOSPITAL
Acibadem Altunizade
Hospital, İstanbul



DEPARTMENT
Psychiatry & Psychology



CLINICAL FOCUS

The areas of expertise listed on this profile are anxiety, mood concerns, life transitions and psychological counseling. Anxiety may present as persistent worry, restlessness or physical tension, and mood concerns may involve low mood, changes in motivation or difficulty maintaining daily routines.

Psychological counseling is the main form of support she provides. Sessions are structured around the patient's own account of what they are experiencing, the circumstances surrounding it and the goals they would like to work toward. The frequency and duration of counseling depend on the individual case and are agreed on together with the patient.

Anxiety

Mood concerns

Life transitions

Psychological counseling



INTERNATIONAL PATIENTS

Zeynep Şevval Ekşi speaks Turkish and English, and interpreters can be arranged for patients who prefer another language. Before a visit, the Acibadem international patient team coordinates the collection of prior reports, including previous psychological or psychiatric assessments, discharge summaries and any relevant laboratory or imaging results, and arranges appointments and the...



CONDITIONS TREATED

Anxiety

Mood concerns

Life transitions

Psychological counseling



EDUCATION & TRAINING

2022

Üsküdar University

2020

Üsküdar University



PROFESSIONAL EXPERIENCE

2022

Acibadem Healthcare Services



ACIBADEM HEALTHCARE GROUP Verified
network figures

45+

HOSPITALS & CLINICS

7

JCI-ACCREDITED

90+

COUNTRIES SERVED

20+

LANGUAGES IN-HOUSE



PHONE
+90 535 876 04 89
Tap to call



WHATSAPP
+90 536 904 82 62
Tap to chat



WEBSITE
acibademinternational.com
Open the site



FREE CONSULTATION
Ask Zeynep Şevval Ekşi about
your case
Reply within 24 hours