

PSYCHIATRY



Zuhal Doğan Bektaş, MD

Acibadem Bakirkoy Hospital, İstanbul · Psychiatry & Psychology ·
Acibadem Healthcare Group

MEDICALLY VERIFIED PROFILE

CONSULTS
On-site

PATIENTS
90+ countries

PROFILE
Verified

SPECIALTY
Psychiatry

FOCUS
Major depressive disorder ·
Generalized...

HOSPITAL
Acibadem Bakirkoy
Hospital, İstanbul

DEPARTMENT
Psychiatry & Psychology

CLINICAL FOCUS

Dr. Bektaş evaluates and treats a range of psychiatric conditions. Her areas of expertise include:

Assessment begins with a psychiatric diagnostic evaluation, which may include a cognitive and mental status assessment to clarify the diagnosis and to identify factors that could influence treatment. Depending on the condition and the patient's history, care may involve medication management, psychotherapy sessions or a combination of the two.

Major depressive disorder Generalized anxiety disorder
Bipolar disorder Schizophrenia and psychotic disorders
Obsessive-compulsive disorder

INTERNATIONAL PATIENTS

For patients traveling from abroad, the Acibadem international patient team coordinates the collection of prior reports before the visit. In psychiatry this typically means previous psychiatric or psychological assessments, a list of current and past medications with doses, discharge summaries from any hospital admissions and, where available, laboratory results or imaging reports such...

CONDITIONS TREATED

Major depressive disorder Generalized anxiety disorder
Bipolar disorder Schizophrenia and psychotic disorders
Obsessive-compulsive disorder Post-traumatic stress disorder

PROCEDURES PERFORMED

Depression treatment Alcohol use disorder treatment
Anorexia nervosa treatment Drug addiction treatment
Eating disorders treatment Borderline personality disorder treatment

ACIBADEM HEALTHCARE GROUP Verified
network figures

45+
HOSPITALS & CLINICS

7
JCI-ACCREDITED

90+
COUNTRIES SERVED

20+
LANGUAGES IN-HOUSE

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WEBSITE
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FREE CONSULTATION
Ask Dr. Bektaş about your case
 Reply within 24 hours